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May 18, 200

# Striker Brigade Soldier honored in DC

# Story and photo by Spc. Paul J. Harris

3rd Brigade Combat Team, 4th Infantry Division Public Affairs Office

Washington, D.C — "It is a great honor for me as the representative for the Chief of Staff of the Army to be able to come here to this distinguished group and see a young Soldier like Sgt.

George get recognition for the extraordinary actions he took when he was in Iraq," said Lt. Gen. N. Ross Thompson III, military deputy to the Assistant Secretary of the Army for Acquisition, Logistics and Technology, at the Ronald Reagan Building in Washington, D.C., May 9.

Thompson was speaking about honoring Sgt. Christopher George, food

preparation specialist, Headquarters and Headquarters Battery, 3rd Battalion, 29th Field Artillery, 3rd Brigade Combat Team, 4th Infantry Division. George was being honored as a hero by the Business Executives for National Security during their 25th Anniversary Dinner. BENS is a nonpartisan organization of senior business executives dedicated to protecting U.S. national security.

Initially a cook, George was asked to become a sniper in Iraq because of his excellent shooting ability. He was awarded the Army Commendation Medal with Valor July 1, 2006, for his actions during combat when he, along with his teammates, came under an insurgent attack near Balad, Iraq. George was the lone representative from the Army selected to be honored at this event.

President and chief executive officer of BENS, retired U.S. Air Force Gen. Charles G. Boyd, was intrigued by the unusual way George came about being a sniper, just one of the reasons for selecting him.

"He struck my fancy; first of all he is a very unassuming young man," Boyd said. "He had a special talent but he had not revealed it. He was doing what the Army told him to do until someone discovered he had an extraordinary talent. I do not think he would have

volunteered that on his own. That is a sign of a special characteristic; a guy who does not push himself forward but is there when needed."

Boyd was a fighter pilot in Vietnam and was shot down on his 105th mission. He spent 2,488 days as a prisoner of war

"And the way that he (George) conducted himself in the exploits that I read about, (it was) very courageous," Boyd said. "(He) saved a lot of other peoples' lives. The first cook in the (recent) history of the Army to become a sniper and that amused me also."

Among the guests to congratulate George and his wife Desiree was retired Army Gen. John Abizaid, former commanding general of U.S. Central Command.

"Anytime I get an opportunity to be at an event that honors young Soldiers who have shown exceptional qualities of duty and bravery, it really makes my day," said Abizaid.

Before the event, George and Desiree were able to tour the sights in Washington, D.C.

"It is awesome to see our nation's capitol and the White House," Desiree said. "(Walking through Arlington National Cemetery) it was very emotional to see all of the graves of the Soldiers who have died fighting for our country."

George was a bit awestruck by the event but humble in his appreciation for being selected.

"It has been phenomenal, I could not ask for anything better," he said.



Sgt. Christopher George, food preparation specialist, Headquarters and Headquarters Battery, 3rd Battalion, 29th Field Artillery, 3rd Brigade Combat Team, 4th Infantry Division, stands to be honored as a hero at the 25th Anniversary Dinner for Business Executives for National Security by president and chief executive officer, retired Air Force Gen. Charles G. Boyd at the Ronald Reagan Building in Washington D.C.

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# Fort Carson honors fallen GWOT Soldiers

by Fort Carson Public Affairs

Annually Fort Carson commemorates those Soldiers from Fort Carson who have lost their lives fighting the Global War on Terrorism. Each year, the names of those Soldiers killed in the line of duty are added to the memorial next to the Kit Carson statue at the main gate.

The community is invited to join with friends and families of these Soldiers at the memorial as 30 Soldiers' names are added Thursday at 10 a.m.

Those Soldiers honored this year are: Spc. Michael Christopher Balsley; Spc. Travis Wayne Buford; Sgt. Robert Michael Carr; Spc. Elias Elias; Sgt. Alexander Henry Fuller; Staff Sgt. Joshua Ryan Hager; Pfc.Allen Brenton Jaynes; Lt. Col. Eric John Kruger; Pfc. Clinton Tyler McCormick; Staff Sgt. Jae Sik Moon; Pfc. Albert Markee Nelson; Sgt. Yevgeniy Ryndych; Spc. Collin Ryan Schockmel; Pfc. Roger Alfonso Suarez-Gonzalez; Sgt. John Michael



Photo by Michael J. Pach

The Global War on Terrorism Memorial stands in Kit Carson Park next to the statue of Kit Carson outside Gate 1.

Sullivan; Pfc. Ming Sun; Spc. Rowan Dale Walter; Cpl. Brock Lyle Bucklin; Pfc. Grant Allen Dampier; Staff Sgt. Marlon Flint Jr.; Pfc. Nathan Joseph Frigo; Staff Sgt. Ryan Eugene Haupt; Pfc. Nicholas Alexander Madaras; Sgt. James Patrick Muldoon; Staff Sgt. Alberto Virrueta Sanchez; Cpl. Luis Daniel Santos; Sgt. Norman Robert Taylor III; Sgt 1st Class Daniel B. Crabtree; Sgt. Kenneth Eric Bostic; and Sgt. Luis Ricardo Reyes.

For more information, consult the Fort Carson Web site, http://www.carson.army.mil.

2 MOUNTAINEER News

# Working side by side

# Supply, maintenance taught to Iraqi Army troops

## Story and photo by Spc. Courtney Marulli

2nd Brigade Combat Team, 2nd Infantry Division Public Affairs

FORWARD OPERATING BASE RUSTAMIYAH, Iraq — Training Iraqi army troops in warfare is important, but so is teaching them skills such as supply operations and maintenance to ensure they can keep their vehicles running and parts coming in.

The 1st Brigade, 9th Iraqi Army Division's Military Transition Team, along with help from members of the 2nd Brigade Support Battalion, 2nd Brigade Combat Team, 2nd Infantry Division, are teaching Iraqi army troops to become self-sustaining in all areas of military training.

Many members of the Iraqi army have been in the military for more than two decades and are now learning a different way of doing things. The vehicles they drove before were Russian-made and they adopted their organization structure from the British.

Coalition forces are now giving the Iraqi army a new organizational structure and vehicles. The fresh knowledge mixed with what they have always done is becoming the Iraqi army's standard way of doing things.

Maj. Mondrey O. McLaurin, the team chief of the 1st Bde., 9th IA Logistics Battalion MiTT, said the pace at which he wants the Iraqis to learn at hasn't been as fast as he'd like. Some of this is due to having to build relationships first. McLaurin said Iraqis aren't willing to learn from coalition forces until they have built a trusting relationship with them.

"They are a very bonding people," he said.

Despite the slow start, McLaurin said he's seen nothing but progress.

"Right now, we're doing a lot of establishing stuff so the next team can come in and focus on shop operations, versus establishing a motor pool," he said. "They'll still have to come in and establish relationships."

It will take a few rotations of other military transition teams before everything is fully functional, he said.

Being hands-on when showing the Iraqis how to do things is very important because it's the difference between taking an on-line course versus sitting in the class, McLaurin said.

The focus has been on maintenance because it's very hands-on and is the

1st Bde., 9th IA's biggest issue, McLaurin said. They know how to order parts, but they need to learn how to fix their equipment.

McLaurin said his brigade has helped out a lot by providing subject matter experts.

"I really appreciate 2nd BCT, 2nd ID helping us," he said.

Staff Sgt. Theo K. Antoine, the shop foreman for Company B, 2nd Brigade Support Battalion, comes down to help the 1st Bde., 9th IA MiTT teach maintenance. His most recent lesson has been teaching the Iraqis how to replace parts for a brake system that was destroyed, and how to fix a crushed oil pan.

Antoine said he was apprehensive about teaching the Iraqis, at first, not knowing what to expect. But, he said, they have been eager students who ask important questions.

With the aid of an interpreter, Antoine has answered those questions but has also been kept on his toes as he has learned things from the Iraqis as well as passing knowledge on to them.

"It's been smooth because a lot of them are eager to learn," he said.

Antoine said it's important not to push the American way of doing things on them, but to show them a different way of doing things and allow them to feel comfortable with the process.

"They combine their way with the coalition forces' way," he said.

How they do it isn't the issue as Antoine is only concerned about them doing it the right way and in somewhat of an efficient manner.

"Then the mission is complete," he said.

Antoine said he will take a Humvee and purposefully create a few problems with it. Then he will bring the Iraqis in and see how long it takes them to find the problem.

"It makes me feel good as it doesn't take them long to find a problem," he said.

One valuable aspect of working side-by-side with the Iraqis, Antoine said, is that is has allowed him to see their way of thinking and how they would approach a problem and solve it.

Since they are used to not having anything, Antoine said the Iraqis go to great lengths to fix maintenance issues without replacing parts. This has allowed Antoine to learn some tricks from them. Still, he's shown them that with a proper system in place, they can order more parts and fix a vehicle more quickly.



Staff Sgt. Theo K. Antoine, left, shows an Iraqi army soldier how to remove the oil pan from a Humvee. Antoine, the shop foreman for Company B, 2nd Brigade Support Battalion, 2nd Brigade Combat Team, 2nd Infantry Division, works with the 1st Brigade, 9th Iraqi Army Division Military Transition Team to help Iraqi army members learn proper maintenance procedures.

Capt. Shawn M. O'Brien, the maintenance advisor for the 1st Bde., 9th IA Logistics Battalion MiTT, said Antoine has been a big help to the Iraqi Army as he lets them do things their way but makes sure they are doing it correctly.

O'Brien said one of the challenges has been the officers and senior noncommissioned officers in the Iraqi army who are used to doing work based on relationships and not necessarily paperwork.

"It's been tough, but they're coming along," he said.

The older Iraqi army members have a base knowledge to work with, but are having to relearn most things, whereas, the new Iraqi soldiers coming in are picking up everything very quickly, O'Brien said.

"Hopefully we'll set them up for success, so they can become a self-sustaining army," he said. O'Brien said his hope for the Iraqi army members is that one day they'll be appreciated the way American Soldiers are appreciated and be able to walk down the street or go home in uniform.

"They are at risk every day," he said. Lt. Col. Edin, the maintenance company commander for the 1st Bde., 9th IA, has been in the Iraqi army for 24 years and has always had maintenance as his specialty. However, the Humvee is something new to him as he is used to working on armored vehicles and tanks.

Edin said learning from the coalition forces has been very successful as they have taught the Iraqi army ways to make maintenance better and improve the overall ability of the force.

Getting used to the new system is something he and others will just have to adapt to, Edin said. He said he's been

in the Iraqi army a long time and you just have to get used to change.

In the old army, Edin explained, senior noncommissioned officers had to spend three years in a specialty school before they could earn their rank and become a subject matter expert, like a maintenance NCO. Since they have all of that prior knowledge, with a few adjustments he said they will be experts in the new system in no time.

Chief Warrant Officer Badry, the maintenance supervisor for the 1st Bde., 9th IA Logistics Battalion, has been in the army for 34 years and said it shouldn't be a problem for him to pick up on the new techniques.

Badry said everything is better now than it was before.

"It was like a lot of work before and nothing was accomplished," he said. "It's still a lot of work, but you feel like you succeed."

His favorite part of the new system is that there is no pressure.

"You feel comfortable," he said.
"You like to do things because you're not forced to do things."

Pvt. Saab, who has been in the Iraqi army for two years, said he hasn't had any problems learning the new techniques. Saab said this was his first class on the Humvee and he likes the vehicle. He said he wants to become a vehicle electrician.

"I got a little bit of expertise from civilian life and am looking forward to a class on it," he said of learning to be an electrician. He hopes to incorporate what he learns in the Iraqi army into a civilian career later.

"If you love something; love to learn it," he said, "then you will learn it very quickly."

#### MOUNTAINEER

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Maj. Gen. Robert W. Mixon Jr.

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# -NEWS-

# Cheney: America will stay on offensive against terror

by Sgt. Sara Wood

American Forces Press Service

**WASHINGTON** — Al-Qaida terrorists have chosen Iraq as the central front in their worldwide campaign against freedom, so America must stay in the fight to prevent them from establishing a safe

haven from which to launch more attacks, Vice President Richard B. Cheney said in Iraq May 10.

Al-Qaida leaders believe they can wear down the United States, force the troops out of Iraq and make the country a launching pad for new attacks in the region and abroad, Cheney said in remarks to members of the Army's 25th Infantry Division in

Tikrit. "The terrorists have stated these ambitions clearly, and this is where they've decided to fight," he said. "The United States also has made a decision. As the prime target of a global war against terror, we will stay on the offensive; we will not sit back and wait to be hit again."

Echoing comments by Army Gen. David H. Petraeus, commander of Multinational Force Iraq, Cheney said that the operational environment in Iraq is complex and challenging. Extremists from inside and outside the country are trying to stir violence and hinder the progress of the

fledgling democracy, he said.

Through these challenges, however, the Iraqi people have shown courage and fortitude in pursuing freedom and democracy, Cheney said. U.S. troops are in Iraq to help establish basic security, which is essential for that progress to move forward, he said.

"The United States is the kind of country that stands up to brutality, terror and injustice, and you're the kind of people we depend upon to get the job done," Cheney told the troops.

Cheney thanked the troops for their service and sacrifices, as many of them are serving on extended deployments. "As members of an historic division of the U.S. Army, you're serving on a vital mission in a strategic part of the world," he told them. "The job you're doing here has a direct impact on the security of the United States."

During his visit, Cheney presented medals to several Soldiers. He presented the Combat Action Badge to two Soldiers, the Combat Infantryman Badge to two Soldiers, the Air Medal to five Soldiers, and the Bronze Star with valor device to two Soldiers.

"You need to know that your country does not take you for granted, not for a single minute," Cheney said to the gathered troops. "We're grateful to your families back home, because they also are making sacrifices for America. While you're out here in the desert heat and the dust and the heavy winds, you're constantly in the thoughts of millions of your fellow citizens."



Photo by David Bohrer

Vice President Dick Cheney awards Staff Sgt. Vincent Lewis with the Combat Infantry Badge during a rally for the troops May 10 at Contingency Operating Base Speicher, Iraq.

# Petraeus urges troops to adhere to ethical standards

by Sgt. Sara Wood

American Forces Press Service

**WASHINGTON** — Gen. David H. Petraeus, commander of Multinational Force Iraq, is urging troops in his command to take the "moral high ground" when dealing with insurgents and the Iraqi people.

In response to the results of the latest mental health survey of troops in Iraq, Petraeus sent a letter to the troops May 10, stressing that the key to securing Iraq is building trust by adhering to values and ethical standards.

"Our values and the laws governing warfare teach us to respect human dignity, maintain our integrity and do what is right," Petraeus wrote in the letter, which is posted on the Multinational Force Iraq Web site. "Adherence to our values distinguishes us from our enemy."

The survey, the fourth iteration of the Mental Health Advisory Team, for the first

time included questions about battlefield ethics in its survey of Soldiers and Marines serving in Operation Iraqi Freedom. The survey was conducted in August and September, but the findings were not released until May 4.

The survey found that only 47 percent of Soldiers and 38 percent of Marines agreed that noncombatants should be treated with dignity and respect. More than one-third of all Soldiers and Marines reported that torture should be allowed to save the life of a fellow Soldier or Marine, and less than half of Soldiers or Marines said they would report a team member for unethical behavior.

Also, 10 percent of Soldiers and Marines reported mistreating noncombatants or damaging property when it was not necessary. In the report, mistreating noncombatants was defined as either stealing from a noncombatant, destroying or damaging property



Photo by Robert D. Ward

Gen. David Petraeus, commander, Multi-National Force - Iraq, briefs reporters at the Pentagon on his view of the current military situation in Iraq.

# MILITARY Children get needed checkups

# Story and photos by Staff Sgt. W. Wayne Marlow

2nd Infantry Brigade Combat Team, 2nd Infantry Division Public Affairs

FORWARD OPERATING BASE RUSTAMIYAH, Iraq — Soldiers with the 2nd Battalion, 16th Infantry Regiment, 2nd Infantry Brigade Combat Team, entered a Baghdad preschool May 2, and at first glance, they frightened the youngsters.

The helmets and full gear gave the Soldiers an otherworldly look, an appearance multiplied by the dark eye protection.

But then the glasses came off, followed by the helmets. Those items were replaced by coloring books and stuffed animals for the children. Slowly, the frowns were replaced with smiles. When candy was passed around, the transformation was complete.

Convinced the Soldiers were the good guys, the children cheerfully lined up for the man with a thermometer and stethoscope.

"We're doing a medical needs children had health issues.

analysis," explained 2nd Lt. Ryan Wood, a medical services officer for 2nd Bn.,16th Inf. "When we did a walk through Baghdad, we identified certain schools and clinics where we could come back and do a needs analysis."

One of the reasons this preschool was chosen was the presence of special-needs children. Although U.S. personnel will do the analysis, any follow-ups are done by Iraqis.

"We're bringing IPs (Iraqi police)



Children at a Baghdad preschool take turns being given a medical checkup May 2. Soldiers of the 2nd Battalion, 16th Infantry Regiment and Iraqi police medics conducted a medical needs analysis to learn if any of the children had health issues.

with us and their medics," Wood said. "They are going to be taking the lead. We will help with the diagnosis, but our main role is to help them figure out what they can do to help their own people. Right now, they're pretty limited in their medical assets. We want to offer them a venue to use their skills while under supervision."

According to Wood, getting out in the community can pay big dividends.

"There are two things we hope to transmit to the people," he said. "Number one, IP medics are taking an interest in the well-being of everyday Iraqis. Number two, Americans are here to make their (Iraqis') lives better and to get them the supplies and skills (they need) to do their jobs."

Wood said the Iraqis have limited resources when it comes to dealing with special-needs children, so part of the U.S. assistance is to better acquaint them with tools to do the job. For instance, the American Soldiers seek out Arabic-language medical pamphlets



**Above:** Lt. Col. John Sneed, center, and Master Sgt. Dana Rappe, far left, stand in formation with their unit, 41st Brigade Combat Team, Oregon Army National Guard, as they wait to enter the Special Events Center for their welcome home ceremony May 10. "I want to thank the men and women of the 41st BCT for your tremendous support and sacrifice," said Brig. Gen. Norman H. Andersson, deputy commanding general, Division West, First Army. "Without you, our nation would not be what it is today." **Left:** Staff Sgt. Anastasia Godfrey, 41st BCT, Oregon Army National Guard, gets a warm welcome from her nephew Matthew Kuhl.

# Military briefs

#### **Miscellaneous**

\$500 Reward — The U.S. Army Criminal Investigation Detachment is offering a \$500 reward for information leading to the apprehension and conviction of the person(s) responsible for the damage to U.S. Government property and fires in motor pool building 1882 on May 2. If you have information about this or any crime, contact CID at 526-3991 or the Military Police desk at 526-2333. The \$500 reward offer expires May 11, 2008.

Welcome Home Warrior — presents a counseling workshop for combat veterans and their families June 2 from 8:30 a.m.-noon at the Eagle Fire Lodge in Woodland Park. For more information contact Donna Finicle at 439-3621.

The 232nd Army Birthday Ball — will be held June 16 at 5:30 p.m. at the Sheraton Hotel on Circle Drive. Tickets are \$35 for on-post personnel and \$45 for off-post personnel. The guest speaker is Gen. Kevin P. Clinton, commander, Air Force Space Command and 2400 sponsorship opportunities are available. For more information or to purchase tickets, contact your unit point of contact or call Information Tickets and Registration at 526-5366.

**Harmony in Motion** — is holding auditions for basses, tenors and sopranos. Any Soldiers interested can contact Sgt. Scott Dickson at 524-3618, 338-2340 or scott.d.dickson@conus.army.mil.

The Wounded Soldier and Family Hotline accepts calls from 5 a.m.-5 p.m. Monday-Friday at (800) 984-8523. The call center offers wounded and injured Soldiers and family members a way to seek help to resolve medical issues and provides an information channel to senior Army leadership to improve the way the Army serves the medical needs of Soldiers and their families.

**Self-Help Weed Control Program** — Units that wish to participate in the Self-Help Weed Control Program must have Soldiers trained in the proper handling, transport and application of herbicides. Training sessions are held every Wednesday from 10-11 a.m. through the end of October in building 3711. Each unit may send up to five people for training unless preapproved for more through the unit commander and DECAM. To find out more about the Self-Help Weed Control Program, call the Pest Control Facility at 526-5141.

McNair Kaserne Reunion — The first annual reunion for veterans, family and friends of the 32nd Signal Battalion that served at McNair Kaserne, Hoechst, Germany, will be held June 15-17 at the Holiday Inn at the Plaza in Kansas City, Mo. For more information contact Rhonda Gunn rhondag0464@yahoo.com or (847) 458-8346 or Doug Otoupal at doug@otoupal.org or (432) 426-2644.

Single Soldiers requesting basic allowance for **housing** — to live off post must first submit a memo to the Unaccompanied Personnel Housing Office, building 7301, room 114, for an exception to policy to draw BAH at the without- dependent rate. Soldiers should not obtain a lease until approval is given. Contact Judy Barstad at judy.barstad@conus.army.mil or 526-0570 with any questions.

Food Service special events — Family Readiness Groups and units that conduct fundraisers by selling limited food items are required to fill out an application and checklist for their event. Contact Capt. Teal Reeves at 526-7922, or Sgt. Misty Gordon at 526-7375 for details and a copy of the paperwork needed. The application and checklist are also available through unit Family Readiness Groups.

Finance in- and out-processing — In- and outprocessing is held in building 1218, room 230. Use the following phone numbers for more information: 526-8473/8476/1302; retirement 526-4233/4234/8470; travel 526-9930/0507/0475; accessions 526-8479/8236/4558; and chief of in- and DFAC is closed for dinner and on weekends. out-processing 526-6230.

#### **Hours of Operation**

Central Issue Facility regular business **hours** — are listed below. Call 526-3321to make appointments.

#### **In-processing**

Monday-Thursday from 7:30-10:30 a.m.

**Initial issues** 

Monday-Thursday from 12:30-3 p.m.

**Partial issues** 

Monday-Thursday from 12:30-3 p.m.

Cash sales/report of survey

Monday-Thursday from 7:30 a.m.-3 p.m.

**Direct exchange** 

Monday-Thursday from 12:30-3 p.m.

Partial turn-ins

Monday-Thursday from 12:30-3 p.m.

**Full turn-ins** 

Monday-Thursday 7:30-10:30 a.m.

Unit issues and turn-ins

Call 526-5512/6477 for approval.

**DPW services** — The Directorate of Public Works is responsible for a wide variety of services on Fort Carson. Services range from repair and maintenance of facilities to equipping units with a sweeper and cleaning motor pools. Listed below are phone numbers and points of contact for services:

- Facility repair/service orders KIRA service order desk can be reached at 526-5345. Use this number for emergencies or routine tasks.
- Refuse/trash Call Larry Haack at 526-9237 when needing trash containers, trash is overflowing or emergency service is required.
- Facility custodial services Call Larry Haack at 526-9237 for service needs or to report complaints.
- Elevator maintenance Call Sharon Gayle at 526-1695.
- Motor pool sludge removal/disposal Call Don Phillips at 526-9271.
- Repair and utility/self-help Call Gary Grant at 526-5844. Use this number to obtain self-help tools and equipment or a motorized sweeper
- · Base operations contract Contracting Officer Representative — Call Terry Hagen at 526-9262 for reporting wind damage, snow removal concerns, damaged traffic signs or other facility damage.
- Portable latrines Call Woody at 526-1854 to request latrines, for service or to report damaged or overturned latrines.

Trial defense service hours — TDS hours of operation are Monday-Thursday from 9 a.m.-4 p.m. TDS is closed on Fridays except for appointments and emergencies. Administrative chapters and Article 15 briefings are held Tuesdays and Thursdays at 1 p.m., and walk-ins are taken until 12:50 p.m.

Claims Division hours — The Claims Division office hours are Monday-Thursday from 8 a.m.-5 p.m, Friday from 8 a.m.-4:30 p.m. and closed federal and training holidays. To make a claim, Soldiers must attend a mandatory briefing. At the briefing, Soldiers must submit a Department of Defense Form 1840/1840R (pink form).

**DFAC hours** — Fort Carson dining facilities operate under the following hours:

Warhorse Cafe — Monday-Friday 7:15-9:15 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-6:30 p.m. (dinner). Weekends hours are 9:30 a.m.-1 p.m. (brunch) and 5-6:30 p.m. (dinner).

Wolf Inn — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-6:30 p.m. (dinner). Weekend hours are 9:30 a.m.-1 p.m. (brunch), and 5-6:30 p.m. (dinner).

Butts Army Airfield — Monday-Friday 7:30-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch). This

10th SFG — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch). This DFAC is closed for dinner and on weekends.

Education Center hours of operation — The Mountain Post Training and Education Center's hours are as follows:

- Counselor Support Center Monday through Thursday 7:30 a.m.-4:30 p.m. and Friday, 11 a.m.-4:30 p.m.
- Learning Resource Center/Military Occupational Specialty Library — Monday through Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-5 p.m.; Saturday 10 a.m.-3 p.m.; and training holidays 9 a.m.-5 p.m.
- Defense Activity for Nontraditional Education Support and Advanced Personnel Testing -Monday-Friday 7:30-11:30 a.m. and 12:15-4:15 p.m.; closed training holidays.
- Basic Skills Education Program/Functional Academic Skills Training — Monday-Thursday 1-4 p.m.; closed training holidays.
- eArmyU Testing Monday-Friday, 12:15-4:15 p.m.; closed training holidays.

Legal Assistance hours — Operating hours for the Legal Assistance Office are Monday-Thursday from 9 a.m.-5 p.m. and Friday from 9-11:30 a.m. and 1-4 p.m.

#### **Briefings**

ACAP briefing — The Army Career and Alumni Program preseparation briefing is required for all departing servicemembers. Current ACAP policy requires personnel ending time in service to register one year out and retirees two years out. ACAP preseparation briefings are held Monday-Thursday from 7:30-9 a.m. Attendees should report to ACAP by 7:15 a.m. to building 1118, room 133. Call 526-1002 to register.

## **Commanding General's Hotline**

by Maj. Gen. Robert W. Mixon Jr.

Commanding General, Division West, First Army and Fort Carson



Mixon

The Commanding General's Hotline exists to provide Mountain Post

Team members a channel to express their concerns and good ideas directly to me.

It is in everyone's interest to share information and solve problems efficiently and quickly. The Commanding General's Hotline is one way to successfully resolve difficulties.

Communication is a two-way street, and this is one way I use to communicate with Soldiers, family members, civilian employees and contractors of the Mountain Post team.

There are two avenues to communicate concerns, complaints, suggestions or praise: call the hotline, 526-2677, or go online to www.carson.army.mil, click on "contact us" and complete the form.

Your issue will be worked by me and my staff, but please try to resolve conflicts through traditional means first, including your chain of command.

So that we may process your concern, suggestion, complaint, problem or praise, please give us your name, rank, unit and as much information about the situation as possible.

# Mother's Day away Deployed moms stay in touch with home

Story and photo by Staff Sgt. W. Wayne Marlow

2nd Infantry Brigade Combat Team, 2nd Infantry Division Public Affairs

#### FORWARD OPERATING BASE LOYALTY,

**Iraq** — Spc. Latoya Roberts will be spending this Mother's Day away from her almost 2-year-old son, but she's doing everything she can to shorten the distance.

"I have pictures of him everywhere and I talk to him on the webcam every weekend," she said. "He gets so excited. He points at the camera and blows kisses."

Roberts, a human resources specialist with Headquarters and Headquarters Company, 2nd Infantry Brigade Combat Team, 2nd Infantry Division, had to leave 21-month-old X'Zavier in October.

"It's hard," she concedes. "It's terrible."

But the weekly webcam contact keeps her fresh in X'Zavier's mind and gives her the impetus to drive on.

Last Mother's Day, she went out to dinner with her then 9-month-old son. This time, they will be brought together by the webcam. It's certainly not the same, but just seeing and hearing him will help, she said.

Before deploying, she explained it as best she could. "I said, 'I'm going to be gone, but I love you, and I wouldn't leave if I didn't have to,'" Roberts recalled.

She had spent time with nieces and nephews before becoming a mother, so she had some idea what parenthood would bring.

"Every child is different," Roberts said. "To have your own is just trial and error, especially with the first one."

While she waits to be reunited with X'Zavier, Roberts is content with photos and memories.

"I would pick him up from daycare and he would smile and run toward me," she said. "It's quite a feeling just knowing you have that person's life in your hands and you're responsible for them."

The hardest part of being away from her son is "just his smile and his laughing, and being able to see him grow up."

He seems to coping relatively well with his mother gone. "He's still a happy-go-lucky kid," Roberts said.

Like Roberts, Staff Sgt. Constance Woods clearly remembers her last Mother's Day. She received handmade cards from her children and also enjoyed breakfast in bed.

This year, she will have to settle for a telephone chat with Phillip Jr., 8, and Brianna, 5. But both Woods and her children are making the best of it.

"It'll be hard to be away from them and not be there," said Woods, an automations noncommissioned officer for HHC, 2nd IBCT. "But they seem OK when I talk with them on the phone. They're happy to hear from me and are always in a rush to tell me exactly what they've done since the last time I talked to them. And they tell me to buy them something to bring home to them."

As she prepared to deploy, Woods tried making it easier for her children by breaking the deployment in half.

"I just told them I had to go on a deployment for six or seven months because I knew I was coming back on leave at the end of March," she said.

Her son, Woods added, "kind of understands" that the unit has been extended, although "my daughter doesn't really get the idea yet."

But however long they're apart, they will be staying in touch.

"I call at least once a week," Wood said. Also, when she shoots her daily instant message to her husband, "I tell him to tell them I love them and miss them."

Brianna will start school in the fall and missing this, as well as not being able to help Phillip with his homework, is the toughest part of being away.

"And both have grown about four inches since I've been gone," Wood said.

With Woods away, her children stay busy riding bicycles, watching movies, and playing sports.

"They're as happy as two young kids can be (under the circumstances)," she said. "They get quiet sometimes, which is not normal for them."

Woods said motherhood is "everything I thought it would be and more." While she's sad to be away from her children on Mother's Day, she's keeping a positive attitude.

"I'll make it through," she said. "I'll live to see next Mother's Day."

Spc.
Latoya
Roberts
watches
her son
via webcam during one of
her weekly "visits"
with her



son, X'Zavier. She keeps her son's picture near her desk in the personnel office at Forward Operating Base Loyalty as her motivation.

# **Military**

# Ivy Division commander stresses family, unity

# Story and photo by Spc. Paul J. Harris

3rd Brigade Combat Team, 4th Infantry Division Public Affairs Office

"I am up here this week for a couple reasons; the most important are the Soldiers, the training and the leadership," said Maj. Gen. Jeffery W. Hammond, commanding general, 4th Infantry Division.

Hammond visited the 3rd Brigade Combat Team, 4th Infantry Division, before its departure to the National Training Center at Fort Irwin, Calif. "I think (NTC) is like an athlete loosening its muscles. We go there to shake it out and make our mistakes in the California desert so we do not make mistakes in the Iraqi desert," Hammond said.

At the NTC, the Striker Brigade will conduct training missions simulating conditions it will likely face in Iraq. Fort Irwin is located in the Mohave Desert, so Soldiers will be tested against the harsh elements. Soldiers are expected to be back in Colorado by mid-June.

"I am looking forward to the preeminent training opportunity for our Soldiers," Hammond said. "The challenge is not at the collective but all the way down at the individual training level, particularly for a brigade like this that has worked so hard here to get ready; I think it is going to be a good learning experience."

Hammond's top four priorities while commanding the Ivy Division are Mission, Soldier, Family and Team.

"This is our mantra in 4th ID," he said.

The rain did not stop Hammond from getting out on "the belt" to observe his Soldiers conduct physical fitness training during his visit.

"The thing that goes first in combat is your mental state," Hammond said "but it won't go first if you keep yourself physically fit. One of the things I do every time I come here is run, run with Soldiers. I think physical training is critically, critically important. It might be the most important event we do every day, particularly when you go off to war."

Family is one of the key elements in the group and Hammond has a plan to make the integration of family a top priority before the Striker Brigade deploys again to Iraq. He understands that without a strong home front, no mission can be successful.

"Foremost is to stay in contact with

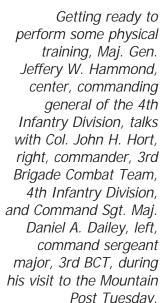
family," he said. "You do not make them a byproduct of things that is why it is Mission, Soldier, Family, Team. Second, we maintain an open sidewalk policy, we do not conduct an open-door policy in this division. Families know they can reach us anytime, anyplace under any conditions."

With the majority of the 4th Infantry Division relocating to Fort Carson by the summer of 2009, Hammond has big plans to make sure the Mountain Post has the proper facilities in place to ensure a strong home front.

"I met yesterday with the installation commander here," Hammond said. "I am absolutely adamant, along with my wife, that we will put in place here before we deploy a family readiness center for our Soldiers, their families and their needs."

Hammond believes a new, expanded readiness center is the foundation of a strong home front.

"The readiness center is critical. It allows us to gain and maintain contact with deployed Soldiers with state of the art communications and provides a venue (for Families) to come together to share issues. A place to solve challenges we face, a single source power of light to stay strong as a team, Army strong."





## **Military**

### **Checkups**

From Page 5

or make sure what assets are available at "Medical City."

"We want to be able to streamline the process ... and get information in their hands," Wood said.

First, though, the Soldiers must determine what the children's medical needs are.

"They do a really basic look at the kids to identify trends or problems so the administrators can let the parents know if anything is wrong," Wood said.

Maj. Albert delaGarza, the 2nd Bn., 16th Inf. battalion surgeon, oversaw the analysis.

"There had been concerns expressed about a couple of children," he said. "We came to see if coalition forces could offer assistance."

He said one of the children was likely autistic, while another probably suffered some malnutrition. So, delaGarza advised the preschool directors about what courses of treatment to follow. He said he would try to get more information to them on how to deal with the issues.

While the day helped make a difference in the children's lives, they weren't the only ones impacted.

"For two hours, we can sit down with some kids and figure out what their needs are," Wood said. "These are the missions that everyone loves to go on."

Chaplain (Capt.)
John Hall of the
2nd Battalion,
16th Infantry
Regiment
meets with
Iraqi children
at a Baghdad
preschool as
Iraqi and
U.S. medical
professionals
conducted a
medical needs
analysis at the

school May 2.



#### **Ethical**

From Page 4

when it wasn't necessary, or hitting or kicking a noncombatant.

In his letter, Petraeus said he was concerned by the results of the survey, which he said should spur reflection on the conduct of U.S. forces in combat. Petraeus said he fully understands the emotions troops experience in Iraq, especially when fellow servicemembers are killed or injured.

"As hard as it might be, however, we must not let these emotions lead us — or our comrades in arms — to commit hasty, illegal actions," he wrote. "In the event that we witness or hear of such actions, we must not let our bonds prevent us from speaking up."

When announcing the survey's findings at the Pentagon May 4, Maj. Gen. Gale Pollock, the Army's acting surgeon general, said that anger is a normal reaction for troops who witness traumatic events in Iraq. However, it's important to note that the troops who had these thoughts did not act on them and actually mistreat any noncombatants, she said.

Petraeus wrote in the letter that torture is not only illegal, but is also ineffective at obtaining information from enemy combatants. The Army field manual on human intelligence collector operations, which was published in 2006, shows that legal techniques work effectively and humanely in eliciting information, he stated.

"We are, indeed, warriors. We train to kill our enemies," he wrote. "We are engaged in combat, we must pursue the enemy relentlessly, and we must be violent at times. What sets us apart from our enemies in this fight, however, is how we behave. In everything we do, we must observe the standards and values that dictate that we treat noncombatants and detainees with dignity and respect."

Petraeus also emphasized that stress caused by lengthy deployments, which the survey found is increasingly becoming a problem, is not a sign of weakness. "If you feel such stress, do not hesitate to talk to your chain of command, your chaplain, or a medical expert," he urged the troops.

The survey results provide an opportunity for U.S. troops to renew their commitment to their values and standards, and demonstrate the need for leaders to set the example and ensure proper conduct, Petraeus said in the letter.

"We should never underestimate the importance of good leadership and the difference it can make," he wrote.

# **COMMUNITY**

2nd Annual Fort Carson Baby Shower

# Celebrates newest arrivals

#### Story and photos by Rebecca E. Tonn

Mountaineer staff

Parents and parents-to-be attended the 2nd Annual Fort Carson Baby Shower at the Special Events Center May 10.

Sponsored by Evans Army Community Hospital's obstetrics and gynecology careline, the baby shower provided valuable information to parents about newborn baby care and caring for moms during pregnancy and postpartum.

Representatives from the Peterson Air Force Base and U.S. Air Force Academy family advocacy programs and vendors from Colorado Springs also provided resources and information.

Moms and dads said they were glad they attended. Army spouse, Heather Zanella, appreciated learning about programs offered at Fort Carson.

"They have a lot of really good information here. Now that he (Clark, her son, 8 months) is bigger and can play with everybody, we're going to start attending the Friday morning play group (offered by Army Community Service)," Zanella said.

Many moms and soon-to-be moms participated in a Yoga Booty Ballet class, taught by Dorie Wexler, owner of Springs Salsa and Dance Fitness studio in Old Colorado City. Participants looked relaxed and energized during and after the class.

Some moms and expectant moms entered the Snug and Tug Swaddling Contest, after a demonstration on correct swaddling (babies must be swaddled twice, with separate blankets), given by registered nurse Stephanie Wilkerson, who works in the family care ward at Evans.

Elise, daughter of Spc. Viola Surratt and her husband Derrick Surratt, won the Picture Perfect Photo contest. Her parents won a Fisher Price aquarium baby bouncer, since her photo (taken at five weeks) was irresistible to voters.

Parents visited various booths: Lamaze class, transition care, pregnancy massage, lactation support, birth certificates and many more. Twenty-five vendors participated in the event; 200 parents attended. Registered nurses from Evans were pleased with the turnout and hope new parents will learn about the mom and baby programs offered at Evans.

"Today's vendors and presentations were not only educational for new parents, but fun. I was happy to see all the parents participating in the contests and activities — and we appreciate the vendors who donated gifts and prizes," Wilkerson said.

Pvt. Annika Nikley said the baby shower was absolutely wonderful, the prizes were great and she learned new things about caring for the baby she is expecting in November.

"I spoke with a nutritionist (from Evans) and learned I can make my own baby food if I strain it. I'm pretty excited about learning all this (and having a baby)," Nikley said.





Rebekah Artman, left, receives a packet from Martina Porter, family advocacy outreach manager, Peterson Air Force Base, at the 2nd Annual Fort Carson Baby Shower at the Special Events Center May 10. Artman's son Sammy, 13 months, surveys the scene. At right is Kathleen Ryan, family advocacy nurse, U.S. Air Force Academy.



Dorie Wexler, owner of Springs Salsa and Dance Fitness Studio, teaches a Yoga Booty Ballet class to moms and expectant moms at the 2nd Annual Fort Carson Baby Shower at the Special Events Center.



Above: Sgt. Josh Blodgett wears a dress and a padded vest that simulates pregnancy, while his wife Sonia Naranjo teases him. Left: Phuong Nguyen, left, and Pvt. Krista Goodman compete in the Snug and Tug Baby Swaddling Contest. Right: Spc. Landon Tally, left, and Spc. Alfonso Rangel, middle, learn about pregnancy massage during the baby shower from Keith Roberts, licensed massage therapist and certified Doula.



Nevaeh Limas, 3, Latecia Brewer's daughter, changes a doll diaper during the baby shower, with a little help from registered nurse Lori Yoshimiya, Evans Army Community Hospital.



# **Community briefs**

#### **Miscellaneous**

Military Spouses Support Group — meets Tuesdays from 2:30-4 p.m. at Evans Army Community Hospital, fourth floor, room 4846. Learn more about: communication difficulties, coping with a spouse's mental health issues, coping with loneliness, combat stress and post-traumatic stress disorder, readjustment issues, single parenting, depression, stress, anxiety and other hardships. For more information call Dr. Jacqueline Delano at 526-7013.

Donated annual leave needed for Fort Carson civilian employee — Barbara Dowling, Directorate of Information Management, has a medical emergency and has been accepted in the Voluntary Leave Transfer Program. To donate annual leave, call or e-mail Connie Griffin, Garrison Resource Management, at 526-1839 or Connie.Griffin1@us.army.mil to obtain form OF-630A: "Request to Donate Annual Leave."

Le Tour de Parques charity bike event in **Colorado Springs** — is June 2 at America the Beautiful Park. Proceeds will benefit Memorial Hospital for Children in partnership with The Children's Hospital and Bikes for Kids, Colorado Springs, Inc. Special Guest is Chris Carmichael, coach to seven-time Tour de France winner Lance Armstrong. The event includes 40-mile and 20-mile challenges and a five-mile family bike ride, as well as a free bicycle festival in the park following the event, with food, music, childrens' activities, bicycle demonstrations, low cost bike tune-ups and more. Registration is \$25 per rider, and a minimum of \$100 in pre-collected pledges must be received prior to riding. Pledges are not required for the five-mile family ride. Call 365-5871 for more information.

Free "Strength after Service" stress reduction workshops for Soldiers, veterans and family members — The workshop is Tuesday, from 6:30-8:30 p.m., at the Armed Services YMCA, 2190 Jet Wing Drive, and will be taught by Operation Iraqi Freedom veteran Dan Taslitz. Taslitz will provide an overview of how stress and trauma affect the mind, body and nervous system, and teach participants stress reduction techniques. By understanding humans' normal reactions to stress, individuals can learn how to manage and reduce their own stress levels.

Fountain-Fort Carson School District 8 regular meeting — is May 29 at 6 p.m. The meeting will be in the conference room of the Central Administration Building, at 425 W. Alabama Ave., in Fountain. The agenda can be viewed on the district Web site at <a href="www.ffc8.org">www.ffc8.org</a> or at the CAB.

New pavilion under construction at Haymes Reservoir — Construction is under way on a recreational/educational pavilion at Haymes Reservoir. The pavilion will be built by volunteers from Colorado Springs Utilities and should be completed by June 16. Use caution around the construction site and do not disturb any of the fencing, stakes or other structures on and around the construction area. For more information call 524-4925.

Fort Carson Veterinary Treatment Facility — is open to all Department of Defense card holders, active duty and retired. The vet clinic provides basic services, such as vaccines, de-worming and appointments with the veterinarian. The clinic is open Mondays-Fridays, from 7:30 a.m.-3:30 p.m. Call

526-3803 for an appointment. It is a post requirement to have your pet registered with the veterinary clinic within 10 days of moving onto post. It is also necessary to have your pets microchipped and up-to-date with rabies and distemper vaccines.

GMH Military Housing sponsors Chef's Table — Spanish Fiesta Cuisine, an interactive class, will be presented by Executive Chef Jose Molina of the Bertha's Kitchen Mexican Restaurant. The class will be Monday, from 5:30-7 p.m., at the Kit Carson Neighborhood Activity Center, building 4800, on the corner of McNerney Street and Harr Avenue by Gate 2. For more information contact Mark T. Browning, GMH outreach coordinator, at 576-3198, 492-3414 or mbrowning@gmh-inc.com.

Fort Carson Tax Center — The tax center is closed and all tax services must be booked through the Legal Assistance Office, by calling 526-5572.

Annual Fort Carson mayors' yard sale — will be the first and third Saturday of each month from May-December, between 8 a.m.-3 p.m. On-post residents may set up in front of their homes. Single Soldiers and off-post active or retired Soldiers and their families may set up in the Beacon School parking lot. For information on yard sale guidelines, contact your mayor or deputy mayor or the Mayoral Program Coordinator at 526-1082/1049.

Phase 4: Harr Avenue reconstruction project
— Rocky Mountain Asphalt and Materials began
work on Phase 4 of the Harr Avenue reconstruction
project on Thursday. Phase 4 extends from
Coleman Street to Prussman Boulevard.

This section of road will be shut down to all traffic until the end of June. The contractor will place detour signs to direct traffic around the construction area.

To avoid the construction area, use Martinez Street, Sheridan Avenue and Prussman Boulevard. When completed, the "new" Harr Avenue, with right and left turn lanes, will extend from Coleman Street to Titus Boulevard.

4th Infantry Division headquarters — construction around building 1430 will result in increased activity in that area. The parking lot to the southeast of building 1430, entrances to the east parking lots, and Weston Road between Specker and Wetzel avenues and the parking lot behind the Grant Library are closed.

**Deployment Support Group** — Are you feeling lonely, anxious or fearful about this deployment? Join this group of caring spouses. To register call Army Community Service at 526-4590. Free child care is available for registered children. The support group meets Tuesdays from 1-2:30 p.m. and Thursdays from 6-8 p.m. at the Family University, building 1161.

Alcoholics Anonymous meetings — are held each Wednesday from 7-8 p.m. at the Colorado Inn, corner of Sheridan Avenue and Woodfill Road, building 7301, room 203. Call 322-9766 or 471-1625 for more information.

No physical training zone — The area under construction, north of Ranges 69 and 5, should not be used for training. Construction is under way. The area is bracketed to the north by Khe Sahn Street, to the east by Barkeley Avenue, and to the west by Brown Road, Titus Boulevard and Specker Avenue.

**Ongoing road closures** — Questions about the closure or disruption of traffic along Butts Road can be addressed to Fort Carson's Directorate of Public Works Traffic Engineer, Rick Orphan, at 526-9267



or Fort Carson's Army Corps of Engineers Transformation Resident Office, Maj. John Hudson, at 526-4974.

#### Claims against the estate —

With deepest regrets to the family of Pfc. Roy L. Jones III, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. John Wilmoth at 338-2421.

With deepest regrets to the family of Pvt. Brett A. Walton, deceased. Anyone having claims against or indebtedness to his estate should contact Chief Warrant Officer 3 Matthew T. Gibbs at 339-8641.

With deepest regrets to the family of Staff Sgt. Dwight J. Martin, deceased. Anyone having claims against or indebtedness to his estate should contact Capt. Ricardo Ocasio at 526-8890.

With deepest regrets to the family of Staff Sgt. Mark Waltz, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Matthew Nichols at 526-1448.

With deepest regrets to the family of Pfc. Brian A. Botello, deceased. Anyone having claims against or indebtedness to his estate should contact Chief Warrant Officer 2 Jeremy M. Carlson at 238-3077.

With deepest regrets to the family of Sgt. Alexander James Funcheon, deceased. Anyone having claims against or indebtedness to his estate should contact Chief Warrant Officer 3 John D. Varner at 526-3340.

With deepest regrets to the family of Staff Sgt. Willie Rock Roberts, deceased. Anyone having claims against or indebtedness to his estate should contact 2nd Lt. Andrew P. Williams at 524-4489.

With deepest regrets to the family of Pfc. Zachary R. Gullett, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Jeff Coulter at 526-1571.

# Carson rounds up safety

## Story and photos by Michael J. Pach

Mountaineer staff

Fort Carson's second annual Motor Vehicle Safety Day and Motorcycle Rodeo was held May 11 at the Special Events Center.

The event included a skills

competition rodeo for motorcycle riders, courtesy vehicle inspections, crash simulations, "Jaws of Life" and drunk-driving goggles demonstrations as well as a variety of safety and vendor displays.

Food for visitors was donated by

See Safety on Page 18



1st Sgt. Tom Sowers, 1st Squadron, 10th Cavalry Regiment, 2nd Brigade Combat Team, 4th Infantry Division, center, has a little trouble passing a field sobriety test given by Cpl. Bradley Bills, Fort Carson Police, right, after driving a golf cart while wearing drunk-driving goggles.



Sgt. Terry
Anongsack,
1st Squadron,
10th Cavalry
Regiment, 2nd
Brigade Combat
Team, 4th
Infantry Division,
rides his
motorcycle
through the
cornering section
of the Motorcycle
Rodeo course.

1st. Sgt. Leonardo Paris, left, and Staff Sgt. Kevin Coderre, 204th BSB, 2nd BCT, 4th ID, have a little fun at Fort Carson Safety Day and Motorcycle Rodeo as they test the handling of the Cruzin' Cooler while Paris wears a pair of drunk-driving goggles.



# Is there honor for a Soldier?

**Commentary by Chap. (Maj.) Mark Moss** 

Space and Missile Defense Command Chaplain

— Reprinted courtesy of the Fort Jackson Leader

The military is often in the news. Sometimes it seems that the news is negative and our accomplishments little noticed and rarely remembered.

Well, I for one can't forget that easily. I remember, as a civilian missionary, how the American military evacuated our family after a military coup in Sierra Leone in May 1992. I was so impressed that I decided to become a chaplain.

Almost three years later, I stood in the back of a chapel at the U.S. Army Chaplain Center and School. I looked over a congregation of green suits, of which I was now one, and heard a hymn which I hadn't heard since leaving Africa. The song reminded me of days gone by.

The Soldiers dressed in battle dress uniforms reminded me of the safety I'd felt then when I was finally under the protection of American forces, and tears came to my eyes. Today I am proud to be called one of America's finest, a Soldier, and proud to wear the uniform. We should all be proud.

We are still respected by the world as the best of the best. So many people would love to have us come in and straighten out their countries. Some will criticize and despise our form of government and the military. Such people I refer to the words of the apostle Peter in 2 Peter 2:10:

"The Lord knoweth how to deliver the godly ... and reserve the unjust ... to be punished; but chiefly them that walk after the flesh in the lust of uncleanness, and despise government. Presumptuous are they, self willed, they are not afraid to speak evil of dignitaries."

We should not be ashamed that we are in the military. Jesus knew soldiers during his ministry and spoke well of them. He commented on the devotion and faith of one soldier, a Roman centurion, when he said in Matthew 8:10, "I tell you the truth, I have not found anyone in Israel with such great faith." It was a Roman soldier who made one of the greatest confessions of faith at the foot of the cross when he was quoted in Matthew 27:54, "Surely he (Jesus) was the Son of God."

In the Bible, soldiers are often seen as people of great faith. Jesus never asked the Roman soldiers to abandon their duties but encouraged them to serve faithfully. We can all be proud of our military and be proud that we are American Soldiers. Being a Soldier is an honorable profession, honored by God.



#### Chapel

Soldiers' Memorial Chapel Tuesdays at 6 p.m.

Few would imagine that one of the most important movements all over the world is the work of Christian missions. Brave missionaries are carrying the Word of God to people around the world. "Vision for the Nations" helps adults see their role

in this exciting work by examining the biblical, historical, cultural and strategic perspectives of world missions. Come and catch the vision.

**Protestant Women of the Chapel** — meet Tuesdays at 9 a.m. at Soldiers' Memorial Chapel. Child care is provided. Contact Barbara Styles at 598-0422.

Soldiers' Memorial Chapel Protestant
Sunday School — The Protestant Sunday School
emphasizes key Bible stories while having fun with
music and games. Classes for all ages are Sunday,
9:30-10:30 a.m. Registration is Sunday morning at
Soldiers' Memorial Chapel, building 1500.

Vacation Bible School — Soldiers' Memorial Chapel will be filled June 11-15 with 5-12 year-olds learning the basics of a sport, singing, dancing and having a great time. This year's program will be "Game Plan," a Christian sports camp offering instruction in cheerleading, soccer and basketball, incorporated into a traditional VBS format including songs, Bible lessons and snacks.

Registration has begun, but space is limited.
Registration may be completed at Soldiers' Memorial Chapel during regular business hours. Volunteers are needed for the program. Extensive background in a sport is not required; training will be provided. For more information, or to be added to our team, please contact Stacy Chapman, 382-3970.

#### **Chapel Schedule**

RO	MAN	CATHOLIC

	Day	Time	Service	Chapel	Location	Contact Person		
	Mon., Wed., Fri.	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7412		
	Tues., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769		
	Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769		
	Sunday	9:15 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769		
	Sunday	10:30 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458		
	Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/576-7412		
	Sunday	11 a.m.	Mass	Provider	Barkeley & Ellis	Chap. Goellen/526-5769		
	Tuesday	7 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458		
	Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769		
PROTESTANT								
	Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Cartee/526-7387		
	Sunday	9 a.m.	Protestant Communion	Provider	Barkeley & Ellis	Chap. Mitchell/650-8042		
	Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Hartz/526-8011		
	Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Borden/526-5973		
	Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Borden/526-5973		
	Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626		
	Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Hartz/526-8011		
	Tuesday	6 p.m.	Adult Bible Study	Soldiers'	Nelson & Martinez	Mr. Love/526-5229		
	Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Lesh/526-8890		
	Tuesday	7 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/231-9511		
	Sunday	9 a.m.	Samoan	Veterans'	Titus	Chap. Lesh/526-3888		

#### **JEWISH**

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

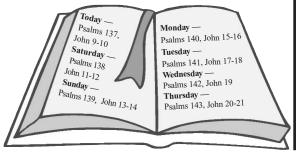
#### WICCA

Monday 6:30 p.m. building 4800, corner of Harr and O'Connell Rhonda Helfrich/338-9464

#### **NATIVE AMERICAN SWEAT LODGE**

Native American Sweat Lodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel. These lodges are traditional Lakota spiritual ceremonies for cleansing, purification and prayer, and are fully sanctioned and supported by the Fort Carson Chaplain Command. Please call the following for information and directions: Charlie Erwin at 382-8177 or <a href="mailto:erwincle.gen">erwincle.gen</a>; or Zoe Goodblanket 442-0929. The next ceremony is Sunday at noon.

Daily Bible readings: To assist in regular Scripture reading, the following Scriptures are recommended. These Scriptures are part of the common daily lectionary, which is designed to present the entire Bible over a three-year cycle.



#### The Army Cycle of Prayer.

Pray this week for the following:

**Unit:** For the Soldiers, Families and leaders of 1st Armored Division headquartered at Wiesbaden, Germany, and forward deployed in support of Operation Iraqi Freedom.

**Army:** For all battalion commanders throughout the Army, that they might teach, coach and mentor Soldiers in peace and during this Global War on Terrorism, lead them to victory.

**State:** For all Soldiers and their Families from the state of North Carolina. Pray also for Gov. Michael Easley, the state legislators

and municipal officials of the Tar Heel State.

**Nation:** For all the men and women in uniform, who have made the ultimate sacrifice, laying down their life for this great nation. We pray for all those who grieve the loss of loved ones.

**Religious:** As Christians celebrate Ascension Day, may all lift their hearts and prayers in praise and thanksgiving to our almighty God.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at <a href="https://www.usarmychaplain.com">www.usarmychaplain.com</a>.

## Face to face

**Story and photo by Rebecca E. Tonn,** *Mountaineer staff* 

Part 5 of an occasional series of the Youth Services Center staff

# Adult returns to youth center

Born in Alabama in 1980, Portia Morris, program assistant at Youth Services Center, lived the first three years of her life in Germany. Not surprisingly, her father was in the Army. Her family lived in Germany again

from 1988-1992, and she still keeps in touch with a friend she met in the third

grade. Morris learned the language and had German friends. She enjoyed taking double-decker bus tours to the Berlin Wall and other tourist attractions

during school field trips.

She recalls the family going for walks around the neighborhood and her father taking her and her brother and sister for bike rides on trails and to the park. Shopping off base was fun, too.

"Every day, my sister and I walked to the Marktplatz (in Amberg) to get ice cream and to pick up groceries for my mom, who provided day care," Morris said. In middle and high school, her favorite subjects were literature, grammar and creative writing. She liked reading books by R. L. Stine, The Baby-sitters Club series

and mystery books.

In May 1992, her father was stationed at Fort Carson. Morris was "really quiet" in middle school. She worked for Baskin Robbins at the post exchange in high school and still knows all the flavors — Very Berry Strawberry and Cookie Dough are her favorites. She took child development classes and also did babysitting. And she used to go to the youth center — "back then" it was across from Carson Middle School.

Morris liked to hang out in the teen room, attend teen dances and go to basketball tournaments and cheer for cute guys.

"Mr. Catfish worked here back then — of course he remembered me when I was hired — and Atiba McKell ran the snack bar (now he's a sports specialist)," Morris said.

During high school, she sang alto for the Fountain-Fort Carson High School women's select and concert choirs, and she was on FFCHS' first Junior ROTC drill team, which won many trophies. She graduated in May



Portia Morris, program assistant for Youth Services Center, left, leads a hip hop dance class at the youth center in March. Taniesha Morris, back, Tiah Herring, middle, and Quiera Devose, front, follow Morris's moves.



Pvt. Justin Simmons, 204th Brigade Support Battalion, 2nd Brigade Combat Team, 4th Infantry Division, acts as a test dummy while trying out the Drive Smart Coalition's crash simulation. Also pictured are, from left, Sgt. 1st Class Bobby Jackson and Staff Sgt. Ross Mitchell with the 2nd BCT Casualty Office and Staff Sgt. Crystal Brooks, 204th BSB.

### **Safety**

From Page 13

the 2nd Brigade Support Battalion, 2nd Brigade Combat Team, 2nd Infantry Division Family Readiness Group.

"We're out here trying to save Soldiers' lives," said Kent Sundgren, lead instructor of the Army Traffic Safety Training Program on Fort Carson.

Winners of the motorcycle rodeo were 1st Sgt. Sean Bailey, 2nd Squadron, 9th Cavalry Regiment, 3rd Brigade Combat Team, 4th ID (first place) and Staff Sgt. Kevin Coderre, Headquarters and Headquarters Company,



Alex Von Pichl, left, of Triple T Sales and Garrison Commander Col. Eugene Smith demonstrate the Hit Air Airbag Jacket at the Fort Carson Safety Day and Motorcycle Rodeo.

204th Brigade Support Battalion, 2nd Brigade Combat Team, 4th ID (second place).

Members of the Drive Smart Coalition and the 2nd BCT Casualty Office were on hand with a crash simulator that exhibits what it feels like to be involved in a slow-speed crash.

"We're encouraging everyone to wear their seatbelts," said Sgt. 1st Class Bobby Jackson, safety officer with the 2nd BCT Casualty Office.

Fort Carson Fire and Emergency Services demonstrated how they use the "Jaws of Life" to remove a victim from a wrecked vehicle.

Ed Menjivar, prevention coordinator with the Fort Carson Army Substance Abuse Program,

used two golf carts and a set of drunk-driving goggles to illustrate the effects of alcohol on one's motor skills. The goggles simulate different levels of intoxication in daylight and night conditions. Fort Carson police officers gave field sobriety tests to drivers to further illustrate the effects of intoxication after they maneuvered the carts through an obstacle course.

Triple T Sales showed off the Hit Air Airbag Jacket. The jacket is equipped with a lanyard that attaches to a rider's motorcycle and opens a carbon dioxide canister should the rider fall. The canister inflates air pouches inside the jacket within a fraction of a second, thus protecting the rider's vital organs from injury.

Safety videos were also shown and drawings for prizes were held every hour.



Rockin' Readers hair stylist, Annette Vergilio, uses her talents to shave the heads of those who volunteered to have their hair cut off if Mountainside Elementary students met their overall reading goal. **Top left:** Joe Vergilio, third grade teacher, gets shaved bald. **Top right:** Michael Griffin, second grade teacher, has an M for Mountainside shaved into the back of his head. **Bottom right:** Jeff Castro, school resource officer, Fort Carson Police, decided on the spot to have his head shaved. **Bottom left:** Bob Trujillo, second grade teacher, gets a "mohawk."

# Rockin' Readers get close shave

Story and photos by Michael J. Pach

Mountaineer staff

Three teachers and a police officer lost their hair at Mountainside Elementary May 9 due to the literary efforts of the entire student body and the Rockin' Readers program.

Teachers Joe Vergilio, third grade, Michael Griffin, second grade, and Bob Trujillo, second grade, promised the students they would shave their heads if the school's overall goal for reading was met by the end of the second semester.

The students were gathered in the school's gym for an assembly where it was announced that they exceeded their goal. They screamed with delight upon hearing the news and chanted, "Shave it off!" as the clippers came out and the hair started to fall.

"I am so proud of the students for reaching their goal," said Vergilio. "I know they (the students) worked really hard this year and I'm just so excited. As for my hair, I'm looking forward to having a nice tan this summer."

"I'm really proud of the children," said Griffin "The teachers that put the program together did a good job and made a difference to a lot of students. I only regret that I didn't have more hair to give."

"I'm glad that the children met their goals," said Trujillo. "I never wanted to shave my head but for them I would do it again. I'm proud of them and my hair will grow back." Jeff Castro, school resource officer, Fort Carson Police, was so inspired by the students' achievement that he sacrificed his hair as well.

"I'm really proud of the children for doing a great job and I felt that they deserved a little extra," said Castro.

The Rockin' Readers program at Mountainside started in January as a way to encourage students to read more by setting individual, classroom and school-wide goals for reading.

The program was implemented by Mountainside teachers, Lara Quintero, Amber Richarson, Nicholle Shurgart and Vergilio when they realized that students weren't reading enough.

The Rockin' Readers program is based on the Scholastic Reading Counts program, which awards points for each book read. The teachers set goals for the program by looking at the points earned during the first semester of the school year (6,490) and doubled them (12,980). This meant that students had to read twice as many books in the second semester as they did in the first.

Mountainside students were given incentives such as extra recess for individuals who met their goals and trips to the bowling alley for classes that met their goals. The incentives for reaching the overall school goal were the head shavings and a skating party at Skate City.

The incentives were motivation enough for the students to earn 13,750 points for the semester, placing them at 110 percent of their overall goal.

# Help conserve water

#### by Susan C. Galentine

Directorate of Environmental Compliance and Management

Every flush, twist of the faucet and spray of irrigation costs Fort Carson money in terms of utilities. Water in Colorado is a resource that is constantly strained by the semiarid conditions of the region and the burgeoning growth of the state. It has created tension between governments in Colorado regions that have water and those that need of more.

Fort Carson staff and residents have cut back 40 percent of water usage, or approximately 460,000 gallons per year, compared to 2000 usage rates.

Installation and individual conservation and innovative programs, such as rain sensors on irrigation systems, have brought the water usage numbers down substantially. A step further in conservation is being brought about by Directorate of Public Works staff that is incorporating Army water efficiency directives in the renovation of facilities and the construction of new ones. These directives include installing more efficient water fixtures and using xeriscape landscaping techniques (using native grasses, rock and bark) to lessen the need for irrigation.

One water-conserving effort gaining momentum is the installation of waterless urinals. According to Jim Schloss, acting division chief for the DPW engineers, 32 waterless urinals installed at the Division West, First Army headquarters, building 1118, eight at 10th Special Forces Group buildings and four at Explosive Ordinance Disposal unit facilities.

Newer model bathroom fixtures on the market now being used in renovation and new construction is improving in water efficiency. Standard toilets in many facilities still use from three-five gallons per flush compared to low-flow models being installed that use only 1.6 gallons per flush. Low-flow lavatory sinks and showers are also built to reduce water use from approximately three-four gallons per minute to now using only .5 GPM and 2.5 GPM respectively.

People living and working on Fort Carson have a crucial role in the practice of sustained water conservation. Simple indoor and outdoor conservation measures go a long way in reducing overall water use:

• Take showers instead of baths. When showering be aware of how long the shower lasts. Reducing a shower from eight minutes to five minutes, according to Colorado Springs Utilities, can save up to 600 gallons a month.

- Don't use the toilet as a trash can it wastes water to flush trash articles.
- Don't let the water run while washing dishes, shaving, and brushing teeth.
- Turn off watering systems on rainy days or when it is extremely windy.
- Outdoor lawn care makes up a large percentage of water use during summer months. It is best to water lawns only as needed (starts to wilt). The best time to water lawns is in the morning because there is less evaporation. Also, avoid watering in the evening, which can lead to fungal diseases in the lawn.
- Lawns require no more than twothree waterings per week and less if

- it snows or rains. The root systems become longer and more droughtresistant on a less frequent watering schedule. Lawns watered in shorter cycles avoid water runoff and thereby allow better moisture absorption.
- Off-post residents living in Colorado Springs may be eligible to earn water rebates from Colorado Springs Utilities. Log on to <a href="https://www.csu.org">www.csu.org</a> for more information.

For more information about how to conserve water or to submit suggestions, call the Directorate of Environmental Compliance and Management Pollution Prevention Coordinator at 526-1739 or the DPW utilities program manager at 526-2927.

If a leak or water line break is encountered in the cantonment area,

call the DPW Service and Repair number at 526-5345. If a water issue arises in the housing area, call the Fort Carson Family Housing contractor at 579-1605.



Landscaping at the DECAM Green Building demonstrates effective xeriscaping.

# Benefits for survivors: preparing for the unthinkable

PART 2

#### by Capt. Brad Telfeyan

Legal Assistance Attorney

In this article, the major death benefits and recent legislative changes that affect benefits received by survivors are discussed.

**Question:** Does the Department of Veterans Affairs offer additional financial benefits?

**Answer:** Yes, the VA provides additional benefits to family members of Soldiers killed.

Dependency and Indemnity Compensation: Surviving spouses and children are eligible for DIC, which is a flat rate monthly payment, regardless of the pay grade of the servicemember. The current spouse DIC monthly rate is \$1,067. The current monthly benefit is \$265 for each child. Unmarried children are eligible for the benefit until they reach the age of 18 or until 23 if attending an approved institution of higher learning. Disabled children receive the benefit for life. The rate is adjusted annually for cost-of-living increases. The DIC payment is nontaxable. If a spouse remarries before age 57, payment of the spouses' DIC ends. If the subsequent marriage ends in death, divorce, or annulment, DIC will be reinstated.

*Note:* If a deceased member has no spouse at the time of death, his or her surviving children receive a different monthly benefit. For more specific information contact your local VA office or visit the VA Web site at <a href="https://www.va.gov">www.va.gov</a>.

Survivors' and Dependents'
Educational Assistance Program:
Surviving spouses and children are eligible for up to 45 months of education benefits. Currently the surviving spouse of a Servicemember killed on active duty has an extended eligibility for educational benefits of up to 20 years after the date of the member's death. Surviving spouses of military retirees or veterans who die of service-connected causes have 10 years after the member's death to use their education benefits.

Home Loan Guaranties: An unremarried surviving spouse is eligible for VA home loans.

VA Counseling: The VA offers grief counseling to family members who die on active duty. For more information, call (202) 273-9116 or email <a href="mailto:vet.center@hq.med.va.gov">vet.center@hq.med.va.gov</a>.

**Question:** Will my family be able to collect my Social Security payments in the event of my death?

**Answer:** Yes, monthly Social Security payments are paid to a spouse, a divorced spouse with children of the

deceased servicemember under the age of 16 or disabled children in their care who meet the eligibility requirements. Monthly payments are also paid to children until age 18, until 19 if a fulltime student at a primary or secondary school, or age 18 or older who are disabled before age 18. The amount can only be determined by the Social Security Administration. Up to \$255 is paid to the surviving spouse living with the member at the time of death as a lump sum death benefit. Eligible survivors should make application through the nearest Social Security office. For more information visit the Social Security Web site at www.ssa.gov.

**Question:** Are there any other benefits I should be aware of?

Answer: Many states have passed laws providing certain benefits and privileges to the surviving spouse and children of a deceased servicemember, especially to survivors of state members of the National Guard. These benefits can include additional death gratuities, bonuses, educational assistance, employment opportunities, tax relief and others. Visit the nearest VA office for further information on the laws pertaining to a particular state. In =addition, the Army and Air Force Exchange Service forgive debts on the Military Star credit card for

families of members killed in combat. Spouses of deceased military personnel may be entitled to a preference when applying for federal civilian jobs. Also, if a Reservist dies while on active duty, active duty for training or inactive duty for training, that servicemember is eligible for full military burial benefits and death gratuity. The immediate family of any Reservist who dies while on active duty is allowed 180 days rent-free occupancy in government quarters or 180 days of basic allowance for housing as well as one year of Tricare Standard eligibility. Reservists who die while not in a duty status or while in the retired reserve are eligible for burial honors to include a twoservice-member burial detail, flag folding and presentation, and playing of "Taps."

If you have questions about survivor benefits, the Fort Carson Legal Assistance Division is available for scheduling appointments by phone at 526-5572. The office is open Monday-Friday, 9 a.m.-4 p.m. Emergency walk-in consultations are available on a first-come, first-served basis on Mondays and Thursdays 1-4 p.m. Tuesdays, by appointment, clients can obtain wills, living wills, and medical powers of attorney. Notary services are available during normal hours on a walk-in basis.

# Students raise willows for DECAM

Story and photos by Michael J. Pach

Mountaineer staff

Ninety-six students from four of Barbara Tillman's science classes at Carson Middle School participated in a project to help the Directorate of Environmental Compliance and Management revegetate some wetland areas downrange and at Piñon Canyon Maneuver Site.

This is a new project that came about as a result of trying to figure out how to make good use of the greenhouse that is adjacent to Tillman's classroom.

"We were trying to think of some ways to utilize the greenhouse, so when they (DECAM) proposed this project, I thought it was great," said Tillman. "It gives students a chance to do real scientific research which



James Kulbeth, Directorate of Environmental Compliance and Management natural resources specialist, looks at two willow samples (one that is thriving and one that didn't make it) with Carson Middle School students. Also pictured are, from left, Caitlan Treat, Marshall Lawson, Jaryd Wolak and Gianna Pangallol.

really isn't available to most students in middle school."

The project was coordinated with Wildlife Habitat Council Education and Outreach Specialist Janine Hegeman and DECAM Natural Resources Specialist James Kulbeth.

They presented the project to the students explaining the reasons behind it and what planting native coyote willows (Salix exigua) would do for the environment.

"The project helps create wetland habitat with the appropriate native shrubs," said Kulbeth. "There are marshes and erosion control basins (downrange and at Piñon Canyon) that don't have willows and we want to plant them along the high water edges of the pools and get them established there."

Planting tubes and stands were made available for the project through a grant from the Upper Arkansas River Weed Management Cooperative in Salida, so the project was done at virtually no cost.

In one day, the students planted 690 willow sticks in either sand or potting soil. Each class was responsible for a group of plants. The willows were monitored daily to observe their growth and make sure water levels kept the soil saturated. The sticks started to bud within a few days of planting and about 90 percent of them sprouted even though a 50 percent success rate was expected.

"Willows love water and that's why this technique works," said Kulbeth. "They will root in water or water-saturated soil. They need to be planted in saturated soil where there is water on or just below the surface year round."

Half of the plants was picked up and taken to Piñon Canyon Monday and the other half was



Carson Middle School sixth graders, Marshall Lawson, foreground, and Jaryd Wolak, center, water willow sprouts as Gianna Pangallo takes measurements to record growth data.

picked up Tuesday to be planted in areas downrange.

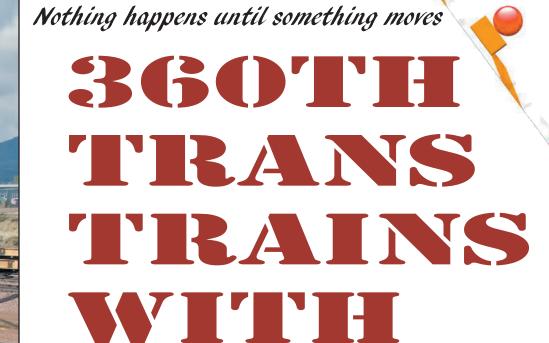
"It's been really great for the students," said Tillman. "They were so excited daily to look and see how many plants sprouted and how their growth progressed. Before it was a row of sticks and now they're all green."

Students measured the growth of the plants for statistical reasons and will be writing up the results of their experiment. They will talk about the factors that may have prevented some of the plants from sprouting and will discuss things that could be improved for next year's project.

Next year, DECAM plans to do the same thing in areas where they have removed tamarisk (salt-cedar), an exotic, non-native noxious tree that grows in the wetland zone along stream and lake edges. DECAM wants to re-establish willows in those sites to fill a niche and give the tamarisk some competition.

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May 18, 2007 **Feature Feature** 

Layout by Jeanne Mazerall



TRAINS

Story and photos by Michael J. Pach

The railhead team from the 360th Transportation Company, 68th Combat Sustainment Support Battalion, 43rd Area Support Group trained at the railhead near Gate 4

The purpose of the training was to teach the Soldiers how to

properly load and secure vehicles to flatbed rail cars with an emphasis on safety.

April 27 in preparation for deployment to Iraq.

"The key thing is safety," Staff Sgt. Kenneth Cogdill, noncommissioned officer in charge of the team, said to his Soldiers. "I'd rather replace one of these trucks than replace one of you guys."

Rail operations packing and blocker/ bracer technicians, Anthony Martinez and Anthony Delgado with Ki, LLC, briefed the Soldiers on safety issues before starting the exercise.

Soldiers were instructed to stay clear of rail cars when moving or docking; stop if lightning is seen in the area and wait one hour after the last strike to continue working since lightning can travel for miles along a track; the driver should be the only person in or on the vehicle when loading; do not walk between or under cars; never walk backwards while on a car; drivers should maintain eye contact with signalers on four-wheel drive when loading vehicles; while securing an M-915A3 truck.

and position the securing chains on the car before loading vehicles.

After the safety briefing, the team inspected the rail cars for debris that might interfere with the vehicles or the chains, and "loading spanners" were placed on the cars to bridge the gaps between them and allow vehicles to be

driven onto them.

Two M-915A3 trucks were driven from a loading dock onto the rail cars and Soldiers were instructed on tiedown procedures using two different types of chains and shackles. The Soldiers took turns securing the vehicles so they could learn how to use the two types of hardware and the trucks were moved by locomotive to another dock where they were unloaded.

During the after-action review, the Soldiers made positive comments about the exercise. They felt they had received excellent and realistic hands-on training from very knowledgeable instructors and that everything went smoothly because they were provided the proper equipment to get the job done.

Cogdill also remarked that his Soldiers demonstrated excellent teamwork through effective communication and cooperation while running the exercise and helping the newer members of the team.



the ground and the car; use a low gear in Spc. Michael Bowens tightens a chain

Left: Pfc. Yoofi Minta guides a M-915A3 truck as it is unloaded from the train and onto a dock.







**Right:** Anthony Martinez, packing and blocker/bracer technician, talks to Soldiers from the 360th Transportation Company about the proper method of securing an M-915A3 truck.





Soldiers from the 360th Transportation

Company thread chains through the

shackles on a M-915A3 truck.

Left: Spc. Michael Bowens tightens a turnbuckle as he secures a M-915A3 truck to a rail car.

# DFAS adds new security measure to 'myPay'

Defense Finance and Accounting Service

**ARLINGTON, Va.** — Another new security feature has been added to myPay to protect customers' data on the pay account system.

As part of its ongoing effort to strengthen password and account security, the Defense Finance and Accounting Service has implemented the virtual keyboard to assist in protecting against such malicious software as spyware, trojans and keylogging.

The virtual keyboard will be available mid-May. Each time a user arrives at myPay to log on, the virtual keyboard will appear on the screen. The user will type in his or her login identification, then "press" the keys on the screen by clicking on them with a mouse to enter a personal identification number instead of typing the actual keys. The virtual keyboard is for the user's PIN only.

To enhance security, the keyboard layout changes or keys are displayed randomly every time the page is refreshed.

"This is a significant move toward adding yet another layer of security to our myPay system," said Pat Shine, DFAS director of operations. "We want to reassure our customers that we are proactively working to secure their pay account information."

To access myPay go to https://mypay.dfas.mil.

#### **Portia**

From Page 16

of 1998, attending Pikes Peak Community College for one semester in spring of 1999, before transferring to Colorado State University and moving to Pueblo.

During the summer of 2000, she was a summer hire at Child and Youth Services and again in 2001, when she moved back to Colorado Springs.

"After the summer of 2001, I worked full-time as a program assistant for the youth center and took (college) classes on the side," Morris said. She graduated May 5 with a Bachelor of Science in sociology from CSU-Pueblo and will pursue a bachelor's degree in elementary education.

At the youth center, Morris is a program assistant for the Keystone Club, a leadership club for teenagers in the ninth-12th grades, and Smart Girls, a club for girls in sixth-eighth grades. She also coaches and does choreography for a hip-hop dance team, which performs at opening ceremonies for sporting events on post.

The Keystone Club teenagers do volunteer work on post: They played elves and ran several booths at the Holiday Village and helped with Oktoberfest. Morris also programs monthly middle-school and high-school

dances, which are popular with youths.

"In high school, I listened to Mariah Carey and Aaliyah. Now kids love Ciara and Beyoncé and different rappers," she said.

Currently, Morris is reading "Fabulosity," by kimora lee simmons, and the last great movie she saw was "Stomp the Yard." Her dream is to be successful and happy, and eventually marry and have one or two children.

When she first enrolled in college, Morris was a business major. "I was trying to find my niche," she said. Soon, she switched majors. "Sociology classes interested me the most — how people in society think. And I love working with kids.

"Some adults are intimidated by teens because they don't understand them — it's a respect issue. If you respect them, they will respect you. I always tell the teens that education is a big key to success. I encourage them to go to college or at least take classes here and there. It's better than nothing at all.

"Gwen Victor, my English teacher at FFCHS, was my mentor. She inspired me to strive more and to push myself and develop leadership skills," Morris said.

"Now children are coming back and telling me that my influence has (motivated them) and kept them out of trouble. It feels good knowing I have a positive impact on teens' lives. It's why I stay at this job," Morris said.

# FRG members quilt for Soldiers

#### Story and photo by Rebecca E. Tonn

Mountaineer staff

Family readiness group members from the 2nd Brigade Support Battalion, 2nd Brigade Combat Team, 2nd Infantry Division, have been making quilts for the past two months.

The women are making individual, personalized quilts in honor of their deployed husbands. Soon the FRG members will start on a 92-by-80 inch group quilt, which will be displayed at the Special Events Center each time a unit from the 2nd BSB redeploys. The quilt will have four sections — one decorated by each company in the 2nd BSB: Headquarters and Headquarters Company, and Companies A, B and C.

Army spouse Maridee Hargis volunteered as a quilting instructor for the group, since she loves quilting and knows the value of camaraderie amongst military families, especially during deployment.

Brenda Coates, an FRG leader for HHC, 2nd BSB, started quilting two months ago and enjoys it.

"Miss Maridee's been patient with me," Coates said.

Angela Hobbs, FRG leader for HHC, said she started quilting to get out of the house and have adult companionship.

Teri Crawford, FRG leader for Company B, said quilting is relaxing.

"We're family here, with our husbands being

in the military and deployed. Quilting is a great (emotional) outlet and stress release for us," Crawford said.

Other women in the group agreed with her.

"We are making this (group) quilt to show our husbands how proud we are of them and to show our support for them and for our battalion," Coates said.

The group meets weekly and plans to have the large quilt finished in June. It will be folded and displayed at 2nd BCT's headquarters when it is not being used at welcome home ceremonies.



From left: Family Readiness Group Leader Brenda Coates, Maridee Hargis, quilting instructor, Audrey Wise, Angela Hobbs, Carmen Walker with daughter Brittany, on floor, and Teri Crawford work on their individual quilts May 2 for the Soldiers of 2nd Brigade Support Battalion, 2nd Brigade Combat Team, 2nd Infantry Division.



# Out & About

May 19 - 25, 2007

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# SPORTS & LEISURE —

# Sky Sox executive injured preparing fireworks

Story and photos by Walt Johnson

Mountaineer staff

At an annual event that never seems to lose its excitement for the fans, the Colorado Springs Sky Sox or the sponsors of the evening, Fort Carson members looked on with pride and joy as members of the community took part in Army appreciation night at Security Service Field in Colorado Springs Saturday night.

A beautiful evening for baseball was all anyone cared about a half hour prior to the game as the stadium was filling up with baseball fans and people who wanted to be a part of the Army appreciation night ceremonies. Many different units on post were ready to take part in festive ceremonies and then sit back to enjoy the game, but two members of Battery A, 3rd Battalion, 16th Field Artillery Regiment, 2nd Brigade Team, 4th Infantry Division, found themselves putting their training to work when an accident injured a Sky Sox executive.

Rai Henniger, senior vice president marketing and promotions for the Sky Sox, was preparing fireworks for the game when a blast left him injured and in need of emergency medical care. Michael Cordosi and Christopher Smith, members of the Field Artillery unit which was setting up artillery for pre-game festivities, heard an explosion and saw the injured executive. Without pausing, Cordosi and Smith raced to aid Henniger who had injuries serious enough to place him in critical condition when he arrived at a local Colorado Springs hospital.

"We saw an explosion and we ran over there and saw a guy laying there. We saw that he was bleeding and we stabilized his breathing and kept him breathing steadily until the ambulance showed up," Cordosi said. Cordosi said he and Smith reacted like anyone else would. He said the medics were the ones who really did the great job out there. Smith and he just did what they have been trained to do. Still those at the scene credit the two Soldiers with a great assist for their efforts in making sure Henniger's injuries were treated quickly and effectively until the ambulance arrived.

"It's never easy to deal with that. We just train on that type of situation every chance we get. When you see it you react to it. Training is training.

Once you know how to do something, it becomes second nature," Cordosi said.



Members of the Battery A, 3rd Battalion, 16th Field Artillery Regiment, fire their weapons during a 13-gun salute after the national anthem.



Members of the Fort Carson Mounted Color Guard ride on the field for pre-game activities Saturday at Security Service Field.



Command Sgt. Major Terrance McWilliams represented the Mountain Post by throwing out the ceremonial first pitch.

# On the Bench

# Top amateur boxers ready for U. S. classic event in June

#### by Walt Johnson

Mountaineer staff

One of the best amateur boxing events will take place June 8 at the Antlers Hilton Hotel in Colorado Springs when the 2007 U.S. Boxing Championships take place.

The Mountain Post will have a very visible representation at the event that will go a long way toward deciding who will represent the country at the 2008 Olympic Games.

General admission seats for the event can be purchased at <a href="www.ticketswest.com">www.ticketswest.com</a> for \$20 for the 11 men's title bouts.

Congratulations are in order for the following people who won first and second place awards at the Forrest Fitness Center racquetball tournament held May 7-10:

In the A division, George Coleman won the first place award while Galu Satele finished second. In the B division, Dominic Black was the first place winner and Haven Tillar finished second. In the C division, Arnold Harris was the first place winner and Elena Steiner finished second.

According to U.S. Senior Open officials, tickets for the 29th U.S. Senior Open, to be held July 28-Aug. 3, 2008, at

The Broadmoor, are now on sale.

Spectators can select from a variety of ticket options ranging in price from \$20-\$250. All tickets include free parking and free shuttle transportation to the admission gate.

The first option is the Trophy Club, which provides access to the championship grounds and a tented facility on the 3rd fairway with food and beverages for purchase. The Trophy Club pass includes seven individual daily tickets and an official commemorative magazine; it is priced at \$250 and quantities are limited.

A second ticket option is the Fore Pack, which includes four good-any-one-day championship tickets. The Fore Pack allows tickets to be divided up throughout the week or used all on the same day. The Fore Pack is priced at \$135.

Individual tickets are also available for the championship rounds and practice rounds. Thursday and Friday championship round tickets are available for \$40 and Saturday and Sunday are available for \$45. Tickets for the practice rounds Monday-Wednesday are available for \$20 per day.

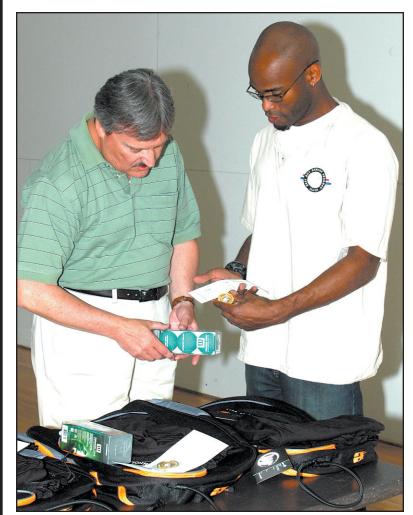


Photo by Walt Johnson

# Racquetball prizes

Russ Lee, director of Community Activities, left, and George Coleman look over the prizes awarded to the winners of the recent racquetball tournament at the awards ceremony May 4 at Forrest Fitness Center.

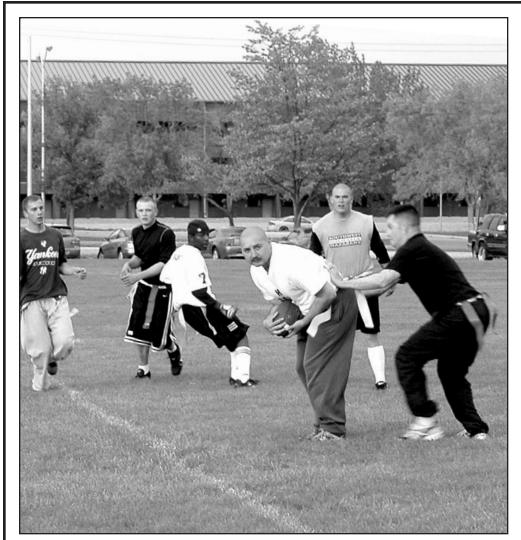


Photo by Walt Johnson

# Ready for some football

A member of the Peterson spring intramural football team catches a touchdown pass in front of a defender Tuesday at Pershing Field. The league plays every Tuesday and Thursday night at 5:30 and 6:30 p.m.

#### **Bench**

From Page 34

Throughout the week of the championship, children 17 and under will receive free admission when accompanied by a ticketed adult. They will also receive a free lunch voucher and baseball cap as well as front-row seating in all on-course grandstands.

Gates will open daily at 7 a.m. and will close following the conclusion of play (around 7 p.m.). Daily capacity on the golf course is limited to 30,000 individuals to enable all spectators the opportunity to experience the championship up close.

Tickets for the 2008 U.S. Senior Open will be available through TicketsWest at all participating King Soopers locations, by calling (877) 281-OPEN, or on the Internet at www.2008ussenioropen.com.

The opening ceremony for the State Games of America will begin at 7 p.m. Aug. 2, at the World Arena in Colorado Springs. The events will be held at locations in the state of Colorado and locally at the United States Air Force Academy, the U.S. Olympic Training Center, Fort Carson, and The Colorado College.

The Colorado Crush will be sponsoring a Military Night June 18 when the team meets the Chicago Rush at the Pepsi Center in Denver.

The Crush will have discount tickets for all active duty, retirees, families, and friends starting as low as \$7 per seat on the upper level and \$23 per seat on the lower level. It will be the league wide Military Night celebration in which each home team will be honoring military personnel.

#### Fort Carson's Fitness Facilities began new operating hours Tuesday.

McKibben Physical Fitness Center will be open Monday-Friday from 5 a.m.-5 p.m. and will be closed on Saturday, Sunday and holidays. Forrest FC will be open from 5 a.m.-8 p.m. Monday-Friday. The center will be open from 6 a.m.-2 p.m. on Saturday and Sunday and closed on holidays. Garcia PFC will be open from 5 a.m.-8 p.m. Monday-Friday. The center will be open from 9 a.m.-5 p.m. on Saturday and Sunday and open from 6 a.m.-10 p.m. on holidays. Waller PFC will be open from 5 a.m.-10 p.m. Monday-Friday. The center will be open from 3-10 p.m. on Saturday and Sunday and will be closed on holidays.

# **Mountaineer Athlete of the Week**

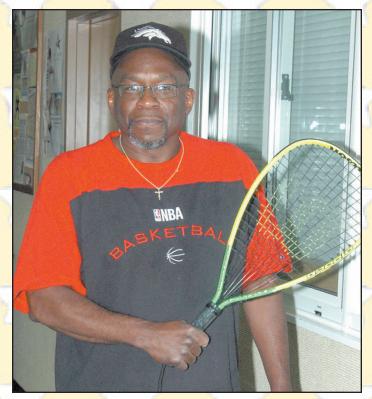


Photo by Walt Johnson

#### **John Harris**

**Sports Position:** Racquetball champion **Accomplishment:** C-level racquetball champion

What got you started in the sport?

I started playing racquetball because I didn't like to run when I was in the Army and I found racquetball gave me a good level of fitness. It was a way not to do a lot of running to stay fit.

#### What was your best moment in sports

My best moment was some years ago. I was a basketball player and I was selected for the Southern European Task Force all-tournament team in Italy. The team I played with finished in second place.

#### What professional sports moment stands out for you?

The best professional sports moment for me came when Michael Jordan made that shot in game six against the Utah Jazz to give the Bulls its sixth championship in eight years. He seized the moment and that is what a good athlete does.

### If you could meet one person from the sports world who would it be and why?

I would like to talk with Hank Aaron. I would like to talk to him about the adversity that he went through when he broke the home run record in 1973. I would like to talk to him to see how he handled all the adversity and still managed to stay focused on what he wanted to achieve.

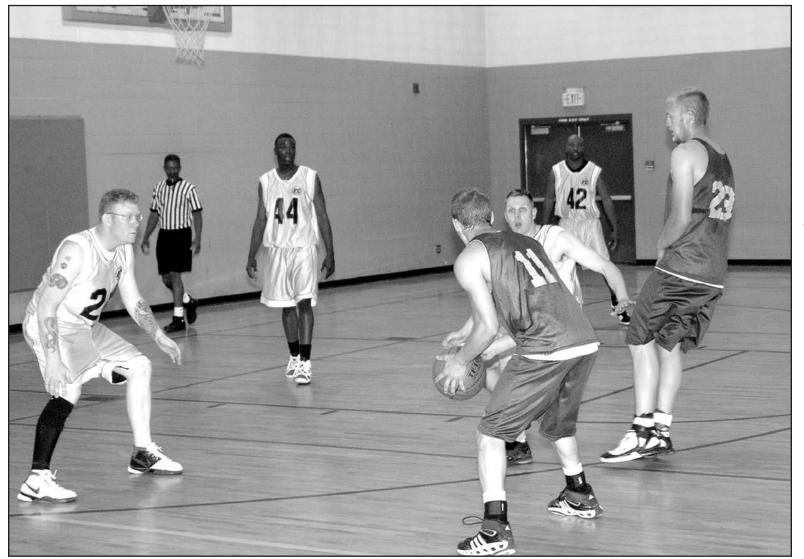
#### If you could change anything in sports what would it be?

I would change how they give the quarterback so much protection in football. Quarterbacks get too much protection and they are paid too much money not to be able to stand in there and perform even under pressure. They should be fit and able to take the punishment that comes with playing the position.





# **Mountaineer Varsity Sports**



#### **Photo by Walt Johnson**

# Varsity hoops

Members of the post varsity basketball team, in the light jerseys, defend against their opponents during the team's city league basketball action May 2 at Hillside Community Center in Colorado Springs. The post team continued its winning ways with a close victory over its opponent in a 55-52 decision. The post team plays each Wednesday evening during the spring basketball season that runs until the end of May.

# **Mountaineer Youth Sports**

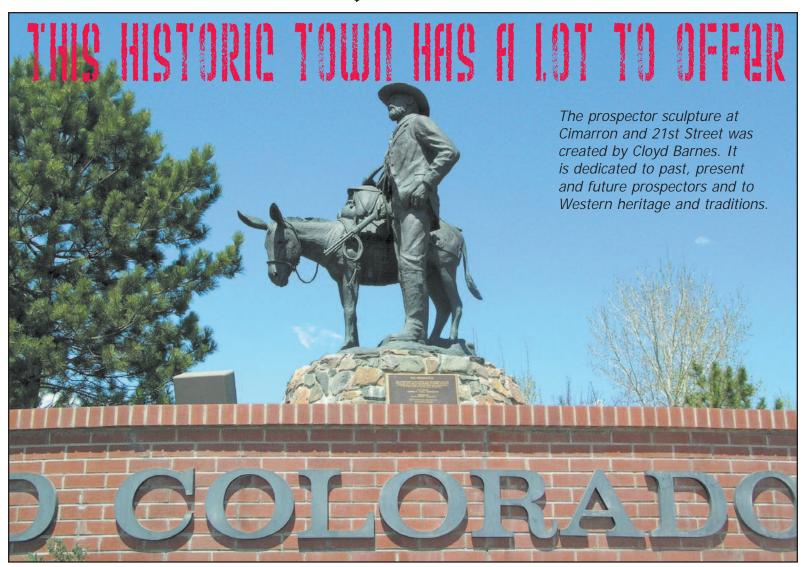
# Youth soccer action

Members of the youth soccer teams on post race to get to the ball during action Saturday at Pershing Field. There are only two weeks left in the post soccer season with games scheduled to be played Saturday and during the week prior to the Memorial Day holiday.



**Photo by Walt Johnson** 

# Old Colorado City ...



#### **Story and photos by Nel Lampe**

Mountaineer staff

town called Colorado City came into being in 1859. Representing the Colorado Town Company, the founders, M.S. Beach and R.E. Cable, drove the first stake. "City" was used in the name to show the company had great plans for the new town.

Gold had been discovered in the Rocky Mountains in 1859, in South Park and other sites. Prospectors and adventurers headed for the gold fields, and one of the routes was through Ute Pass, now Highway 24 West. The group of men who started the Colorado City thought the town would become a thriving mining supply town. There was no local competition — Colorado Springs wouldn't come



The 1859 log cabin is in Bancroft Park may have served as a county office. Nearby, a horse and carriage await riders.

into being for another 12 years.

The Colorado Town Company built a wagon road through the pass as an investment in the town's future. The town grew quickly, and soon had 200 homes and buildings.

The town's buildings were made of rough, hand-sawed logs since there

wasn't a local sawmill. The houses usually had dirt floors. Some people picked up stones to use as building materials. Roofs were usually evergreen tree branches taken from Cheyenne Mountain, then covered with several inches of dirt

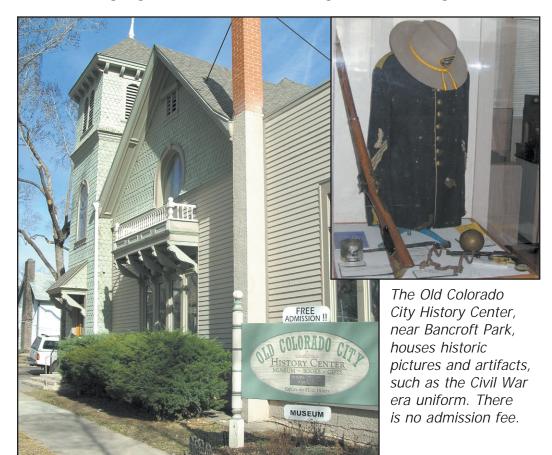
The city's biggest claim to fame was being named the first capitol of the Colorado Territory for a few days in 1861, before the title was moved to Golden, and finally to Denver.

Now called Old Colorado City, the town celebrates its past with a three-day fest called "Territory Days," which is Memorial Day Weekend.

Colorado City was a typical western town in the latter part of the 19th century. Bordellos and saloons were in one part of town. The good side of town had an opera house and churches.

The gentlemen on the good side of town didn't want to be seen on the wrong side of town. Thanks to a 12-mile network of tunnels underneath the streets, those "gentlemen" could cross to the other side of town unseen.

Although Colorado had little involvement in the Civil War, the war did affect the economy in the early 1860s. Colorado City, however, did





Places to see in the Pikes Peak area.

May 18, 2007

## Happenings

## **Old Colorado City**

From Page 39

have a connection with the Civil War when the 1st Colorado Volunteers Infantry Regiment was formed in Colorado City. The unit became the 1st Colorado Cavalry. The 1st Colorado Cavalry confronted a group of Texas Confederate Soldiers headed up the Rio Grande River intent on seizing Colorado gold fields.

The 1st Colorado Cavalry defeated 4,000 Confederate troops at Glorietta Pass in New Mexico.

Following the Civil War, railroads were booming, connecting the eastern states with the Western frontier. Just a few miles from Colorado City, Railroader Gen. William Palmer established the town of Colorado Springs. His railroad, the Denver and Rio Grande, soon followed. Colorado Springs and Manitou Springs attracted tourists and the railroads brought passengers and goods; the area prospered.

The 1891 discovery of gold in Cripple Creek brought prosperity to Colorado City. Trains headed for Cripple Creek passed through Colorado City. Gold mills were established in Colorado City; Cripple Creek ore was hauled to the mills by train. Coal to fuel the mills was mined in the Colorado Springs area, making the mill operations more economical. The Midland Railway's repair roundhouse was also nearby.

When gold mining in Cripple Creek ended in the early 1900s, it economically impacted Colorado City. Prohibition and the onset of World War I also affected the city. Colorado City eventually became part of Colorado Springs, and became known as the "West Side" or "Old Colorado City."

Old Colorado City began a refurbishing and restoration effort in the 1970s, in time to celebrate Colorado's centennial in 1976.

Revitalized, the historic area is now a tourist attraction, complete with restored buildings housing unique shops, art galleries, antique stores, boutiques, restaurants and specialty shops. Oldfashioned street lights,



The Territory Days street festival runs along Colorado Boulevard, between 24th and 27th streets.

Right: Unique stores, outdoor seating, old-fashioned street lights and pots of flowers add charm to Old Colorado City.

benches and flower pots add charm. There's a French bakery, a chocolate factory and an ice cream parlor. Specialty stores include a miniatures shop, a gallery featuring western and military statuettes and a Christmas store.

Old Colorado City's colorful past is shown in the restored Victorian-era church at 1 North 24th St., which serves as Old Colorado City History Center.

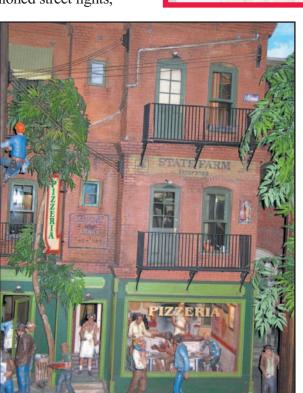
One of the area's most popular fests is "Territory Days," a free three-day street festival,

which is Memorial Day weekend. Beginning at 10 a.m. each day, May 26-28, there'll be food vendors, crafters, artisans and Avenue, between 24th and 27th Streets. Food choices are many, to include buffalo burgers and gyros, funnel cakes and

There'll be trampolines

entertainers along Colorado chocolate-covered bananas.

and a climbing wall, mechanical bulls and





Michael Garman's sculptures include cityscapes, above left. Magic Town includes many nostalgic scenes and holograms.

**Just the Facts** 

• Type: historic town, street fest

• Wallet damage: free entrance

(Based on a family of four)

all

\*\*\*\*

(Out of 5 stars)

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$60

\$\$\$\$ = \$61 to \$80

\$ = Less than \$20

• Travel time: 20 minutes

For ages:

• Fun factor:





Several restaurants are in Old Colorado City.

pony rides, and lots of music. The fun goes on until 7 p.m. Saturday and Sunday and until 6 p.m. Monday.

Re-enactors show their fast draw and engage in gun fights.

Although parking in several free lots and along streets is adequate for normal shopping on non-fest days, it may be next to impossible to find parking space during Territory Days. To alleviate the parking congestion, arrangements have been made for a free shuttle from Coronado High School, on West Fillmore Street. Shuttles run every 15 minutes, starting at 9:45 a.m. each day.

Pets are not permitted at Territory Days.

Old Colorado City hosts other events throughout the year, such as an extensive and popular farmer's market each Saturday in summer, held in Bancroft Park.

Scarecrow Days are in October and a Rocky Mountain Christmas event is held weekends in December.

To reach Old Colorado City, take Cimarron (Highway 24 west) to 21st Street, turning right at the sign for Colorado City and the historic shopping area. Go north to Colorado Avenue and turn left (west). Old Colorado City starts at 26th street. Or take the Fillmore Exit off Interstate 25, heading west to Coronado High School, and leave the driving to the shuttle.

## **Happenings**



#### **Concerts**

The Pikes Peak Philharmonic presents "Salute to America and the Armed Forces" Sunday at 3 p.m., First United Methodist Church, 420 N. Nevada Ave. Tickets are at the door and active duty military get in free. Retirees and family members are half price.

The Colorado Springs Philharmonic's final concert of the season is Saturday at 8 p.m. and Sunday at 2:30 p.m. at the Pikes Peak Center. Tickets are \$12-50; call 520-SHOW. Music of Schuman, Tchaikovsky and Mendelssohn is featured.

#### The circus is coming

The Ringling Bros. and Barnum & Bailey Bellobration is in the World Arena June 13-17. This extravaganza includes exotic animals, such as white tigers, stunts, high-wire artists, trapeze acts and clowns. Military ticket prices are \$10-\$17; call 477-2116 for information.

#### "Into the Woods"

"Into the Woods" by Stephen Sondheim includes favorite fairy tale characters and is presented in the theater of the Colorado Springs Fine Arts Center, 30 W. Dale St.

Call the box office at 634-5583 for tickets. Performances are at 8 p.m. Fridays and Saturdays, and 2 p.m. Sundays. The production runs today through June 3.

#### **Territory Days**

Old Colorado City hosts a rip roaring, festival to celebrate "Territory Days." The three-day festival is Memorial Day Weekend. Street entertainment and music begin at 10 a.m. Saturday, Sunday and Monday. There are food choices galore. Park at Coronado High School and use the shuttle.

#### **New state park**

Looking for a new place to hike or picnic? Cheyenne Mountain State Park, just across Highway 115 from Fort Carson's main gate, is open Saturdays and Sundays, from 7 a.m.-8 p.m. for hiking and picnicking. Work is under way on campgrounds, landscaping, a visitor center and rest rooms. The park will be open every day of the week when construction projects are complete. Use fee at Colorado State Parks is \$5 for a day pass or \$55 for an annual pass that can be used at any Colorado State Park.

#### **Carson and Barnes Circus**

The Carson and Barnes Circus from Oklahoma will be on post May 26-28 at Ironhorse Park's east side. Tickets will be available in advance at Information, Tickets and Registration and at the gate for a higher price. Advanced sales tickets cost \$10 in advance at ITR. Tickets will be about \$16 at the gate. Children 11 and younger are admitted free. Call 526-4495 or 526-5366 for information.

#### **Family Carnival**

Family carnival night is June 15, 5-8 p.m., at the Elkhorn. Admission is \$8.95 for anyone older than 12, and \$4 for ages 6-11. Children 5 and under are admitted free. Activities include a buffet, pony rides, face painting, games, balloon art, a magician and clowns. For information call 576-6646.

#### **Memorial Day service**

The annual Memorial Day service, sponsored by the Pikes Peak Veterans Council and its 42 member organizations is at the Veterans Memorial in Memorial Park, May 28. Guest speaker is Command Sergeant Major Terrance McWilliams, Division West First Army and Fort Carson. The inclement weather location is the Retired Enlisted Association, 834 Emory Circle. The Memorial service is open to the public.

#### **Uncle Wilber's fountain**

Uncle Wilber's fountain opens Saturday, rain or shine, at 11 a.m. The fountain has water features and an animated centerpiece and is located in Acacia Park, near the corner of Platte Avenue and Bijou Street. The event features music and activities.

Compiled by Nel Lampe